

Sleep, Baby, Sleep

By Maryann Cusimano Love

This lullaby is set to an old Mother Goose rhyme. It talks about the hopes and dreams every parent has for their child. The poem is matched with animal parents and their babies.

New words and sounds your baby might learn:

sleep, rise, laugh, soar, sail, grow, hush, shine, paddle, look, climb, splash, hush.

Before:

- Look at the cover of the book and talk about how the mommy and daddy sheep love their sleeping baby.
- Read the title of the book.
- The book encourages children to be gentle, calm and confident like some of the animals. Talk about these words (gentle, calm and confident) with your child.

During:

- Paper pages are becoming increasingly appropriate for toddlers. Show the toddler how to turn the paper pages.
- Read the words on each page. Emphasize the rhyming words.
- Let your child help turn the pages in the book.
- Talk about pictures with your child. Name the animals and talk about what they are doing.

After:

- Act out some of the words/phrases introduced in the book: sleep, rise, wipe the sleep from your eyes, soar like the goose, laugh, look, climb one step at a time, paddle like a duck, splash, hush, etc.

Try some of the ideas above. Continue to use your own imagination during book play, too. Have fun with the book and enjoy your time together.

Family And Child Education

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