

Night-Night, Forest Friends

By: Annie Bach

The sun is setting, and animals all over the forest are getting ready for bed. The gently rhyming text and soft illustrations in this charming book will help little ones settle down for a cozy night.

New words and sounds your child might learn:

forest, friends, rabbit, bear, cub, doe, fawn, squirrel, robin, frog, chipmunk, fox, owl, forest, woods, brush, den, hollow

Before:

- Read the title of the book, and tell your child it is a story about bedtime in the forest.
- Say, "I wonder where the animals sleep in the forest."

During:

- Talk about the names of the animals in the story, explaining the different names for adult and baby animals (ex. bears and cubs).
- As you read the story, note where the animals are sleeping and ask your child "How do you think it feels to sleep high up in a tree?" or "Do you think you'd want to sleep under the ground like the chipmunks?"
- Talk about how quiet the forest is once the animals are asleep and note the similarities or differences in your house at night.

After:

- Talk about your bedtime routine and how your child gets ready for bed. If you do not have a bedtime routine, create one (such as take a bath, brush teeth, read a book, and then go to bed).
- At bedtime cuddle up together with your child and pretend to be some of the animals in the story, such as bears rocking their cub or a mama doe curling up and kissing her sleepy fawn.

Try some of the ideas above. Continue to use your own imagination during book play, too. Have fun with the book and enjoy your time together.

Family And Child Education

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